



Aldergrove Public School
150 Aldergrove Dr.
Markham, ON.
L3R 6Z8

905.470.2227

aldergrove.ps@yrdsb.ca

Twitter: @aldergroveps



To advance student achievement and well-being through public education, which motivates learners, fosters inclusion, inspires innovation and builds community.

Vision

To be a leader in public education by empowering all students to become engaged and caring citizens of the world.

APS - Seven Values

- Citizenship
- Empathy
- Inclusivity
- Innovation
- Relationships
- Self-Awareness
- Optimism



Aldergrove Public School Community Newsletter
March 3, 2023, Vol.13

Message from the Office

Moving into the month of March signifies for many the changing of the seasons and the arrival of Spring. To ensure that scholars are setting a plan for positive interactions and improving instructional learning, we have repeated our Safe and Caring Schools presentation to grades 1-8. We want families to engage in purposeful conversations about student behaviour with their children. Our educators are providing effective instruction and scholars need to ensure their focus at school is learning.

We continue to enjoy many diverse and engaging activities here at Aldergrove. Grade 5 students have enthusiastically participated in the VOICES program and a wonderful partnership with McMichael Art Gallery. On February 22, Aldergrove students and staff participated in "Pink Shirt Day" in support of our stance against bullying. Please continue to speak with your child about their role as an upstander to bullying. We are very proud of both our Boys Basketball Team and Girls Basketball Team. Both teams have competed in the Area tournament held this week. It's been a fantastic experience for our participants, coaches and audience as we have been able to use Aldergrove for some of these games.

We look ahead to March Break and hope that time is refreshing and relaxing for you and your children.

A reminder of our School Council meeting on March 23th at 6:00pm. We look forward to seeing many familiar and new faces as we plan for the rest of the school year.

Partners in education,

Ms. Jessa
 Principal

Mr. Pamayah
 Vice Principal

Resources for Families

[The Centre for Black Student Excellence - March Newsletter](#)

[Centre for Black Student Excellence Mailing List](#)

York Region Public Health - [MYSTRENGTH](#)

Triple P - [Parenting Sessions](#)

Naseeha Mental Health Supports - [Earthquakes in Syria and Turkey](#)

Screening Process: TO BE DONE DAILY Every day students will need to screen for COVID-19. Follow the directions to ensure the safety of all the members of our school community.

Kindergarten Registration

Kindergarten registration for September 2023 begins January 20 for the 2023-24 school year. Children who were born in 2019, live within the school boundary, and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten.

There are several ways you can register for Kindergarten:

- **Online** - Families can access the online Kindergarten registration information at www.yrdsb.ca/kindergarten. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- **By email** - Families can download the [Elementary School Registration Form](#) at www.yrdsb.ca/Kindergarten and email the completed form to school email address aldergrove.ps@yrdsb.ca
- **By phone** - Families can request support to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. [Call your local school](#). (905) 470-2227
- **In-person at the school** - Families may visit the school office to drop off or complete a registration form.

Once you have completed your application, the school will contact you to make an appointment to review and verify the [required documents](#).

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at www.yrdsb.ca/Kindergarten. We look forward to welcoming our new students and families to the school.

Spirit Day Twin Day

On Friday, February 24, our school community participated in Twin Day. This spirit day allowed scholars to dress similarly to classmates and other students around the school. We look forward to the next spirit day on Friday, March 10. It will be Cartoon Day.

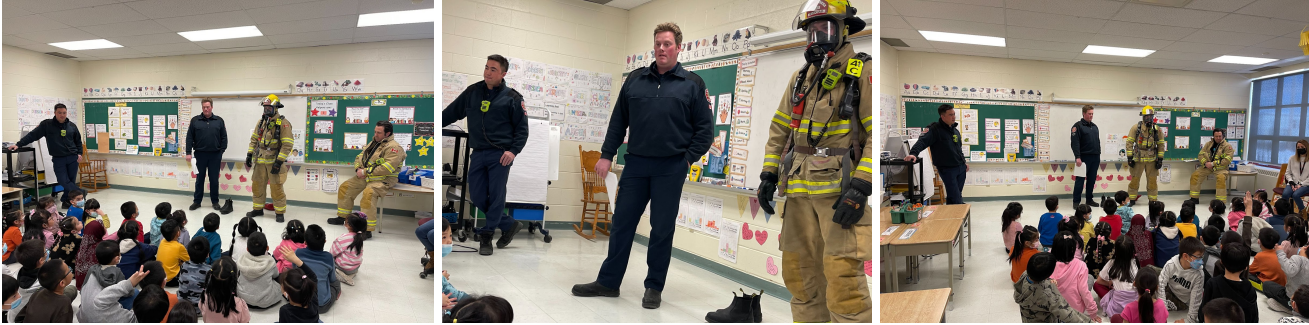


Student Information Updates

Student Information Updates If you change your address, home number, or cell phone numbers that are different from the school record, please email the school (Aldergrove.ps@yrdsb.ca) about the updates. For address change, we will need proof of ownership or lease agreement to update it. Thank you very much for your attention.

Grade 1 Firefighters Visit

On Friday, February 24, our grade 1 classes were thrilled by a visit from the local firefighters. They talked about their role in the community and how children can help with fire safety. We are pleased that they will be returning so that each of our grade 1-4 classes have a visit.



International Women's Day

YRDSB proudly recognizes the significance of International Women's Day (IWD) as an intentional opportunity to elevate and amplify female empowerment worldwide and to celebrate women's social, economic, cultural, academic, and political achievements locally and globally through antiracist and anti-oppressive ideologies and practices.

International Women's Day has been recognized for over a century, with the first IWD gathering of over a million people in 1911. In 1977, the United Nations General Assembly adopted a resolution calling on member states to proclaim a day for women's rights and gender parity. Following the United Nations' lead, Canada declared March 8 as International Women's Day. To achieve a gender equal world, it is essential to notice and name the

existing inequality and examine and challenge unconscious biases and harmful gender-based stereotypes. The International Women's Day 2023 campaign exemplifies this commitment through the theme of #EmbraceEquity. Each one of us can actively support and embrace equity within our own sphere of influence. For International Women's Day and beyond, let's all fully engage in deep learning to understand, enact and #EmbraceEquity.



McMichael Art Gallery VOICES Program

Several of our grade 5 students have been a part of a learning partnership with McMichael Art Gallery. These sessions have been hosted both at Aldergrove PS and at the McMichael Art Gallery. The V.O.I.C.E.S. (Visual Outreach Initiative Creating Empowered Students) program was developed in 2007 in collaboration with York Region District School Board to empower Grade 5 students socially and academically through art-based activities. Our scholars have appreciated McMichael's firm commitment to the belief that art plays a pivotal role in children's wellbeing and feeling of interconnectedness.



Every Student Count Survey

In the Spring of 2023, YRDSB will be engaging students in Grades K-12 in the [Every Student Counts Survey](#).

From February 27, 2023 - March 10, 2023, parents or guardians of students in Grades 4-12 who do not wish for their child to receive the survey will have the opportunity to opt them out. Families who do not wish for their child to receive the survey can opt them out by filling out this [form](#), or they can contact CCI Research by phone 1-866-450-4907.

Students in Grades K-3 will complete the survey at home with their parent or guardian. As such, families of students in Grades K-3 who do not wish for their child to fill out the survey do not need to opt-out. Families who do not want their child to fill out the survey can disregard the paper invitation, which will be considered a formal opt-out.

Families of students in Grades K-3 who require an accommodation (eg. paper survey in enlarged print) to complete the survey need to contact CCI Research by phone to make a request 1-866-450-4907.

Pink Shirt Day

Our scholars are upstanders! There was a lot of PINK in the building on Wednesday, February 22, 2023, to recognize Pink Shirt Day. Our scholars say loud and clear, we stand up to bullying and work to create inclusive spaces where everyone feels safe, valued and included.

At Aldergrove we want to celebrate the everyday upstanders.

Upstanders are those students who:

- stand up to bullying;
- exemplify kindness in their schools; and/or
- contribute to anti-bullying initiatives in their schools.

There will be another Pink Shirt Day in April that recognizes standing up to homophobia and transphobia.



Ramadan Starts on March 23, 2023

Ramadan is the ninth month of the Islamic calendar and begins on March 23 this year. This is a blessed month for Muslims as it is the month during which the teachings of the Qur'an were revealed. This is considered a time for Muslims to cultivate spiritual renewal through fasting, and an increased focus on prayer and contemplation, as well as a time to recommit themselves to practicing compassion and generosity for others.

Fasting:

Fasting from dawn to sunset during the month of Ramadan is one of the five prescribed tenets of Islamic practice.

Suhoor:

In preparation for each day, most Muslims who are fasting partake in a pre-dawn meal, called Suhoor or Sehri. Muslims are strongly encouraged to partake in this meal in preparation for the day's fast.

Iftar:

The fast concludes at sunset with prayer and a light meal called Iftar. The end of the fast is determined by sunset, at which time the Adhan (call to prayer) is recited, and Muslims consume their first food items of the day. These first items are traditionally water and dates. Many masjids (mosques) and community groups will host Iftar meals for the public.

Tarawe'eh:

Tarawe'eh prayers are performed only during the month of Ramadhan by some Muslim communities. These prayers take place in congregation following the night prayer. The whole Qur'an is recited over the course of the month during Tarawe'eh prayers.

Students at Aldergrove who are fasting for Ramadan can use the library during lunch time (12:20-12:40). The Quiet Space Room (Room (119) may be used for prayers during the day.xing

Bus Loop News

Our staff, scholars' and community safety is of our utmost concern. It is important that you follow the direction of the staff on duty and always be careful when entering and exiting the loop and/or parking lot. For the month of March, we would like you to consider how you exit the Bus Loop. Traffic can become congested and it may take a long time to turn left onto Aldergrove Drive. We often observe the whole Bus Loop being stuck because of one person waiting to turn left. We are also asking drivers to refrain from honking their car horns and speaking disrespectfully to staff on duty. Safety is everyone's responsibility.



Boys Basketball

The Boys Basketball team has been training hard and learning to work together. They have been excited to participate in games here at Aldergrove and at other schools in the area. We are grateful to their coaches and the staff supporting the team. Thank you to Ms. White, Ms. Cullen and Mr. Lloyd.



[The Aldergrove Entry Shop is OPEN!](#) Welcome to the official online shopping portal for Aldergrove Public School. Enjoy browsing a wide selection of products from a variety of brands that you can then customize with the approved logos and graphics found on the site. Here are a few of the many items you can purchase.



Parent/caregiver series supporting students of Chinese Heritage.

The series will provide a number of parent/caregiver virtual events to build community, support mental health, and promote healing.

The third session in the series is offered for any parent/guardian of students of Chinese Heritage. Parents, caregivers are invited to join this workshop and engage meaningful conversations that help students thrive at school. Tips on ways that help strengthen family relationships and emotional wellbeing will be shared. This will be a free virtual event.

Community Building and Engagement Event

March 6th, 2023 at 7:00pm-8:30pm Mandarin Session -Fostering Your Child's Emotional Wellness

[Registration for Mandarin Session](#)



March 2023

Aldergrove Public School

 The Breakfast Program is **OPEN** every day from 8:00 - 8:25 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Day 4 Sushi Lunch 🍣	2 Day 5 Lunch Lady 🍽️	3 Day 1 Pizza Lunch 🍕	4
5	6 Day 2 Voices Team at Aldergrove	7 Day 3 Purim Holi Sub Lunch 🍷	8 Day 4 Sushi Lunch 🍣	9 Day 5 Lunch Lady 🍽️	10 Day 1 Pizza Lunch 🍕 Spirit Day: Cartoon Day	11
12 Daylight Savings Time	13 March Break Week	14	15	16	17 St. Patrick's Day	18
19	20 Day 2	21 Day 3 Naw-Ruz Nowruz Sub Lunch 🍷 Gr 4 Afterschool Program	22 Day 4 Sushi Lunch 🍣	23 Day 5 Ramadan Begins Lunch Lady 🍽️ Gr 5 Afterschool Program	24 Day 1 Pizza Lunch 🍕 Gr 2 Firefighters Visit	25
26	27 Day 2	28 Day 3 Sub Lunch 🍷 Gr 4 Afterschool Program	29 Day 4 Sushi Lunch 🍣	30 Day 5 Lunch Lady 🍽️ Gr 5 Afterschool Program	31 Day 1 Pizza Lunch 🍕	

📞 Phone: (905) 470-2227

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📱 Twitter: @aldergroveps



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通过公共教育, 提高学生的成就和福祉, 从而激励学习者、促进包容、激发创新和建立社区。

宗旨
 成为公共教育的领导者,
 让所有学生成为积极参与
 和有爱心的世界公民。

APS学校七个价值
 公民责任
 同理心
 包容
 创新
 关系
 自觉
 乐观

Inspire Learning!

Aldergrove Public School 社区期刊

March 3, 2023, Vol. 13

Translation from here: 从这里翻译：

来自办公室的消息……

进入三月对许多人来说意味着季节的变化和春天的到来。 为确保学者们制定积极互动和改进教学学习的计划, 我们向 1-8 年级学生重复了安全和关爱学校的演讲。 我们希望家庭与孩子就学生行为进行有目的的对。 我们的教育工作者正在提供有效的指导, 学者们需要确保他们在学校的重点是学习。

我们继续在Aldergrove享受许多多样化和引人入胜的活动。 五年级学生热情地参与了VOICES计划, 并与McMichael美术馆建立了良好的合作关系。 2月22日, Aldergrove的学生和教职工参加了“粉红衬衫日”, 以支持我们反对欺凌的立场。 请继续与您的孩子讨论他们作为欺凌行为直言不讳的角色。 我们为我们的男子篮球队和女子篮球队感到非常自豪。 两支球队都参加了本周举行的地区锦标赛。 对于我们的参与者、教练和观众来说, 这是一次美妙的体验。

我们期待着三月假期, 希望这段时间能让您和您的孩子重新开始、放松身心。

提醒我们 3月23日下午 6:00 举行的学校家长理事会。 在我们为本学年剩下的时间做计划时, 我们期待看到许多熟悉的和新的面孔。

您的教育合作伙伴

Ms. Jessa
 校长

Mr. Pamayah
 副校长

家庭可用资源

[黑人学生卓越中心 - 三月通讯](#)

约克区公共卫生 - [MYSTRENGTH](#)

Triple P - [育儿讲座](#)

自我筛选过程

[自我筛查过程: 每天进行](#) 学生每天都需要筛查 COVID-19。 按照指示确保我们学校社区所有成员的安全。

幼儿园注册

2023 年 9 月入学的幼儿园注册将于 1 月 20 日开始。2019 年出生、居住在学校范围内且父母/监护人是公立学校税收支持者的儿童将有资格注册幼儿园。

您可以通过多种方式注册幼儿园：

- 网上——家庭可以上 www.yrdsb.ca/kindergarten 获取在线幼儿园注册信息。建议家庭使用笔记本电脑或台式机，而不是移动设备手机来完成此注册。
- 通过电子邮件 - 家庭可以在 www.yrdsb.ca/Kindergarten 下载小学注册表格，然后将填写好的表格通过电子邮件发送到学校电子邮件地址 Aldergrove.ps@yrdsb.ca 。
- 通过电话——家庭可以请求支持，通过电话收集所需信息来代表他们完成注册表。如果需要，家人可以在此电话交谈中请求翻译员。打电话给您的学校。(905) 470-2227
- 亲自到校——家庭可以到学校办公室送孩子或填写登记表。

完成申请后，学校将与您联系以预约审核和验证所需文件。

我们的幼儿园课程充满关爱和热情，孩子们通过探索、玩耍和探究来学习。您可以参访 www.yrdsb.ca/Kindergarten 了解更多信息。我们期待着欢迎我们的新学生和家庭来到学校。

双胞胎精神日

2 月 24 日星期五，我们学校举办了双胞胎精神日活动。这个精神日允许学者们穿着与学校周围的同学和其他学生相似的衣服。我们期待着 3 月 10 日星期五的下一个精神日，卡通日。

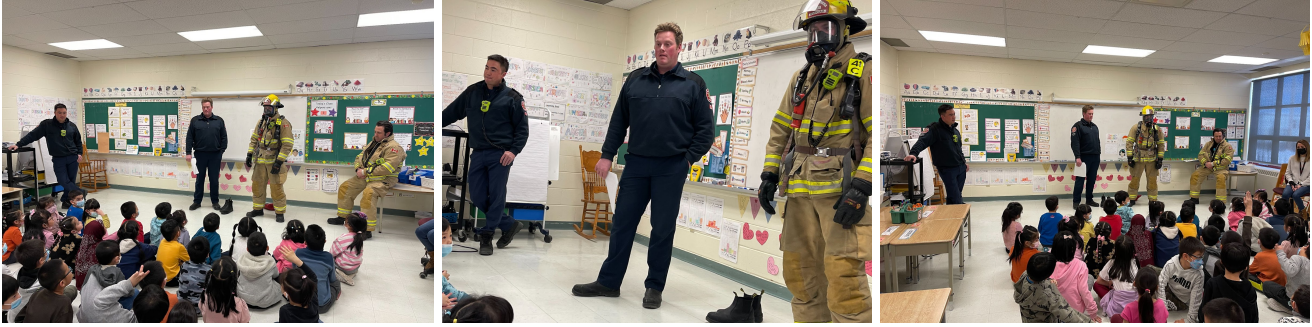


学生信息更新

学生信息更新 如果您更改了与学校记录不同的地址、家庭电话号码或手机号码，请向学校发送电子邮件 (Aldergrove.ps@yrdsb.ca) 告知更新信息。对于地址更改，我们将需要所有权证明或租赁协议来更新它。非常感谢您的关注。

消防员拜访一年级班级

2月24日星期五，我们一年级的班级因当地消防员的来访而激动不已。他们谈到了他们在社区中的角色以及儿童如何帮助消防安全。我们很高兴他们会再回来，这样我们1-4年级的每个班级都有机会参与。



国际妇女节

YRDSB 自豪地认识到国际妇女节（IWD）的重要性，它是一个有意提升和扩大全球女性赋权的机会，并通过反种族主义和反压迫的意识形态和实践在当地和全球庆祝妇女的社会、经济、文化、学术和政治成就。国际妇女节得到认可已有一个多世纪，1911年第一次有超过100万人参加国际妇女节。1977年，联合国大会通过了一项决议，呼吁会员国宣布妇女权利和性别平等日。在联合国的领导下，加拿大宣布3月8日为国际妇女节。为了实现一个性别平等的世界，必须注意并指出现有的不平等现象，并审视和挑战无意识的偏见和有害的基于性别的刻板印象。2023年国际妇女节活动通过#EmbraceEquity主题体现了这一承诺。我们每个人都可以在自己的影响范围内积极支持和拥护公平。在国际妇女节及以后，让我们都充分参与深度学习以理解、制定和#EmbraceEquity。



McMichael 艺术画廊 VOICES 计划

我们的一些 5 年级学生已成为与 McMichael 美术馆的学习伙伴关系的一员。这些计划已在 Aldergrove PS 和 McMichael 美术馆举办。V.O.I.C.E.S.（视觉外展计划创造有能力的学生）计划于 2007 年与约克区教育局合作开发，旨在通过基于艺术的活动在社交和学业上增强 5 年级学生的能力。我们的学者赞赏 McMichael 坚定地相信艺术在儿童的福祉和相互联系的感觉中起着举足轻重的作用。



每个学生都很重要问卷调查

2023 年春季，YRDSB 将让 K-12 年级的学生参与“[每个学生都很重要问卷调查](#)”。

从 2023 年 2 月 27 日到 2023 年 3 月 10 日，不希望孩子接受调查的 4-12 年级学生的家长或监护人将有机会选择退出。不希望他们的孩子接受调查的家庭可以通过填写[此表格](#)选择退出，或者他们可以通过电话 1-866-450-4907 联系 CCI Research。

K-3 年级的学生将在家中与父母或监护人一起完成调查。因此，不希望孩子填写调查的 K-3 年级学生的家庭无需选择退出。不想让孩子填写调查的家庭可以忽略纸质邀请，这将被视为正式选择退出。

K-3 年级学生的家庭如果需要便利性协助（例如放大打印的纸质调查）来完成调查，请通过电话联系 CCI Research 提出请求，电话 1-866-450-4907。

粉红衬衫日

我们的学者是正直的！2023 年 2 月 22 日，星期三，大楼里有很多粉红色，以纪念粉红衬衫日。我们的学者大声而明确地说，我们抵制欺凌并努力创造包容的空间，让每个人都感到安全、受到重视和被包容。

在 Aldergrove，我们要庆祝平日的挺身而出。

挺身而出是那些学生：

- 抵制欺凌；
- 在他们的学校表现出仁慈； 和/或
- 为学校的反欺凌活动做出贡献。

4 月将有另一个粉红衬衫日，以表彰抵制同性恋恐惧症和跨性别恐惧症。



斋月于 2023 年 3 月 23 日开始

斋月是伊斯兰历的第九个月，从今年的3月23日开始。对于穆斯林来说，这是一个蒙福的月份，因为它是古兰经教义被揭示的月份。这被认为是穆斯林通过禁食培养精神更新的时刻，更加注重祈祷和沉思，以及重新致力于为他人实践同情和慷慨的时刻。

禁食：

在斋月期间从黎明到日落禁食是伊斯兰教习俗的五项规定原则之一。

Suhoor：

在为每一天做准备时，大多数禁食的穆斯林都会参加黎明前的一顿饭，称为 Suhoor 或 Sehri。强烈鼓励穆斯林参加这顿饭，为当天的斋戒做准备。

开斋饭：

禁食在日落时以祈祷和一顿名为开斋饭的便餐结束。斋戒的结束由日落决定，此时宣读宣礼（祈祷），穆斯林食用他们当天的第一批食物。这些第一批物品传统上是水和枣子。许多清真寺（清真寺）和社区团体将为公众举办开斋饭。

Tarawe' eh：

一些穆斯林社区仅在斋月期间进行 Tarawe' eh 祈祷。这些祈祷在夜间祈祷后在会众中进行。在 Tarawe' eh 祈祷期间，整个月都会背诵整本古兰经。

Aldergrove 的斋月斋戒学生可以在午餐时间（12:20-12:40）使用图书馆。安静空间室（房间（119））可在白天用于祈祷。

巴士环路消息

我们的员工、学者和社区的安全是我们最关心的问题。请务必遵循值班人员的指示，并在进出环路和/或停车场时始终小心。对于 3 月份，我们希望您考虑如何安全退出巴士环路。交通可能变得拥堵，左转进入 Aldergrove Drive 可能需要很长时间。我们经常观察到整个公交环路因为一个人在等左转而被卡住。我们还要求司机不要按汽车喇叭，也不要对值班人员说话无礼。安全规则人人有责！



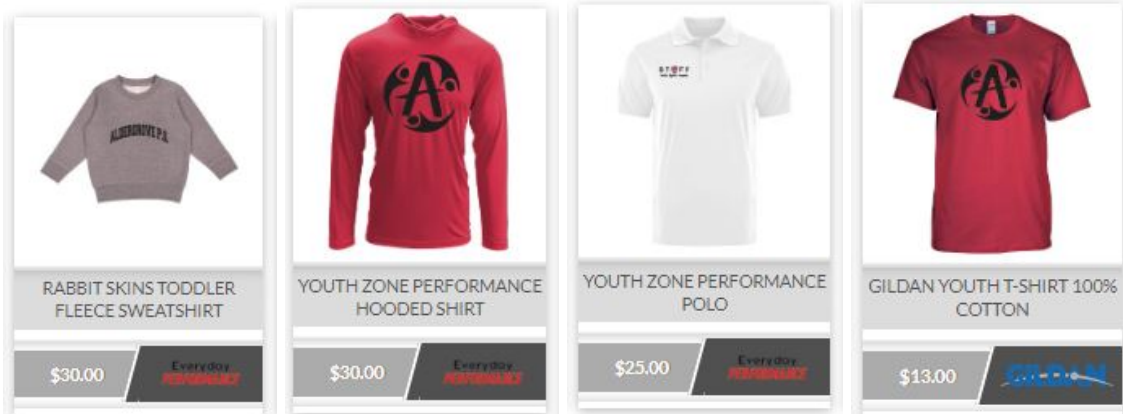
男子篮球

男子篮球队一直在刻苦训练，学习合作。他们很高兴能在Aldergrove和该地区的其他学校参加比赛。我们感谢他们的教练和支持球队的工作人员。感谢 Ms. White, Ms. Cullen and Mr. Lloyd.



[Aldergrove Entripy 商店开张了!](#)

欢迎来到 Aldergrove 公立学校的官方在线购物门户。享受浏览来自各种品牌的各种产品,然后您可以使用网站上的认可徽标和图形对其进行定作。以下是您可以购买的众多商品中的一些。



支持华裔学生的家长/看护者系列讲座

该系列将提供许多家长/看护者线上活动，以建立社区、支持心理健康和促进康复。

该系列的第三节课程是为所有华裔学生的家长/监护人提供的。邀请家长和看护人参加本次研讨会，并进行有意义的对话，帮助学生在学校取得成功。将分享有助于加强家庭关系和情绪健康的方法的技巧。这将是一个免费的线上活动。

社区建设和参与活动

2023 年 3 月 6 日晚上 7:00-8:30 普通话讲座-培养孩子的情绪适应力

[华语报名](#)

